

Dear Supporter,

In readiness for your harvest festival, please find a list of the items we use at The People's Kitchen.

Alternatively, some supporters may prefer to make a financial gift and we also accept supermarket points cards. Sweets are also very acceptable.

We gratefully receive all gifts but please note that due to the generosity of previous donors, we currently have high volumes of some items, particularly pasta and baked beans, and these items are therefore not

needed.

Main Meals	Tinned meat – stewing steak, mince & onions, corned beef, tinned beef, meat balls, PEK pork, ham, burgers, Irish stew, chicken curry, minced beef chilli, Bolognese
Cooking Ingredients	Sugar, flour, dried rice, ground white pepper, cooking oil, dumpling mix, sage & onion stuffing, brown sauce, Chinese, Thai, Mexican, Indian and cream cooking sauces, mixed spice, desiccated coconut, cooking chocolate, beef, chicken and onion gravy granules
Drinks	Dilute orange, coffee, instant drinking chocolate, tea, individual cans of pop or bottles/cartons of juice
Breakfast	Individual packs of cereals, individual packs of chocolate biscuits
Puddings	Tinned or instant custard, tinned rice, peaches, fruit cocktail, apricots, mandarin oranges, pears, pineapple, jams & golden syrup, honey, large tins of evaporated milk, long life milk
Tinned Veg.	Mixed veg, garden peas, processed peas, potatoes
Soup	Lentil, lentil and bacon, vegetable, mushroom (condensed), leek & potato, Scotch broth
Toiletries	Deodorants, shower gel, shampoo, shaving cream/gel, men's & ladies razors
Clothing	New tracksuit bottoms, t/shirts, boxer shorts, jumpers, waterproof jackets, jeans small, medium, large, sleeping bags
Household	Blue j cloths, red j cloths, green j cloths, large pan scrubs, large freezer bags, washing powder/tablets (preferably non scented), kitchen rolls, washing up liquid
Take-away bags	Crisps, chocolate bars, biscuits